§ BEFORE THE TEXAS
§ BOARD OF NURSING
§ ELIGIBILITY AND
§ DISCIPLINARY COMMITTEE

executive Director of the Board

# ORDER OF THE BOARD

In the Matter of

Respondent

**Permanent Registered Nurse** 

Issued to APRIL LYNN NICHOLS,

License Number 678219 & Permanent Vocational Nurse

License Number 159020

TO: April Nichols 8260 Linscomb Rd Apt 21 Orange, TX 77632

During open meeting held in Austin, Texas, on September 10, 2019, the Texas Board of Nursing Eligibility and Disciplinary Committee (hereinafter "Committee") heard the above-styled case, based on the failure of the Respondent to appear as required by 22 TEX. ADMIN. CODE Ch. 213.

The Committee finds that notice of the facts or conduct alleged to warrant disciplinary action has been provided to Respondent in accordance with Texas Government Code § 2001.054(c) and Respondent has been given an opportunity to show compliance with all the requirements of the Nursing Practice Act, Chapter 301 of the Texas Occupations Code, for retention of Respondent's license(s) to practice nursing in the State of Texas.

The Committee finds that the Formal Charges were properly initiated and filed in accordance with section 301.458, Texas Occupations Code.

The Committee finds that after proper and timely Notice regarding the violations alleged in the Formal Charges was given to Respondent in this matter, Respondent has failed to appear in accordance with 22 Tex. ADMIN. CODE Ch. 213.

The Committee finds that the Board is authorized to enter a default order pursuant to Texas Government Code § 2001.056.

The Committee, after review and due consideration, adopts the proposed findings of fact and conclusions of law as stated in the Formal Charges which are attached hereto and incorporated by reference for all purposes and the Staff's recommended sanction of revocation by default. This Order will be properly served on all parties and all parties will be given an opportunity to file a motion for rehearing

All proposed findings of fact and conclusions of law filed by any party not specifically

[22 TEX. ADMIN. CODE § 213.16(j)]. All parties have a right to judicial review of this Order.

NOW, THEREFORE, IT IS ORDERED that Permanent Registered Nurse License Number 678219, and Permanent Vocational Nurse License Number 159020, previously issued to APRIL LYNN NICHOLS to practice nursing in the State of Texas be, and the same is/are hereby, REVOKED.

IT IS FURTHER ORDERED that this Order SHALL be applicable to Respondent's nurse licensure compact privileges, if any, to practice nursing in the State of Texas.

Entered this 10<sup>th</sup> day of September, 2019

Settlerine Co Thomas

TEXAS BOARD OF NURSING

BY:

adopted herein are hereby denied.

KATHERINE A. THOMAS, MN, RN, FAAN EXECUTIVE DIRECTOR ON BEHALF OF SAID BOARD

Attachment: Formal Charges filed July 15, 2019

d17r(2019.08.12)

Re: Permanent Registered Nurse License Number 678219 & Permanent Vocational Nurse License Number 159020 Issued to APRIL LYNN NICHOLS DEFAULT ORDER - REVOKE

## **CERTIFICATE OF SERVICE**

I hereby certify that on the 1Hh day of September, 2019, a true and
correct copy of the foregoing DEFAULT ORDER was served and addressed to the following person(s)
as follows:

<u>Via USPS Certified Mail, Return Receipt Requested,</u> <u>Copy Via USPS First Class Mail</u>

April Nichols 8260 Linscomb Rd Apt 21 Orange, TX 77632

Bettherine Co. Thomas

KATHERINE A. THOMAS, MN, RN, FAAN EXECUTIVE DIRECTOR ON BEHALF OF SAID BOARD

In the Matter of	§	
Permanent Registered Nurse	§	BEFORE THE TEXAS
License Number 678219 &	§	
Permanent Vocational Nurse	§	
License Number 159020	§	BOARD OF NURSING
Issued to APRIL LYNN NICHOLS,	§	
Respondent		

#### FORMAL CHARGES

This is a disciplinary proceeding under Section 301.452(b), Texas Occupations Code. Respondent, APRIL LYNN NICHOLS, is a Registered Nurse holding license number 678219 which is in current status at the time of this pleading. Further, Respondent is a Vocational Nurse holding license number 159020 which is in delinquent status at the time of this pleading.

Written notice of the facts and conduct alleged to warrant adverse licensure action was sent to Respondent at Respondent's address of record and Respondent was given opportunity to show compliance with all requirements of the law for retention of the license prior to commencement of this proceeding.

#### CHARGE I.

On or about September 29, 2018, Respondent failed to comply with the Agreed Order issued to her on September 29, 2017, by the Texas Board of Nursing. Non-compliance is the result of Respondent's failure to comply with Stipulation Number Three (III) of the order which reads, in pertinent part:

(III) RESPONDENT SHALL successfully complete the following remedial education course(s) within one (1) year of entry of this Order:

A Board-approved course in Texas nursing jurisprudence and ethics that shall be a minimum of six (6) hours in length.

The above action constitutes grounds for disciplinary action in accordance with Section 301.452(b)(1)&(10), Texas Occupations Code, and is a violation of 22 Tex. ADMIN. CODE §217.12(11)(B).

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#### CHARGE II.

On or about April 12, 2019 through May 5, 2019, Respondent failed to comply with the Agreed Order issued to her on September 29, 2017, by the Texas Board of Nursing. Non-compliance is the result of Respondent's failure to comply with Stipulation Number One (1), Subsection D, of the order which reads, in pertinent part:

D. RESPONDENT SHALL comply with all requirements of the TPAPN participation agreement during Its term.

On or about April 12, 2019 through May 5, 2019, Respondent stopped checking into the random drug testing system and failed to submit monthly self-reports regarding therapy/sobriety for February, March, and April of 2019, as required in the TPAPN Participation Agreement. On or about May 6, 2019, Respondent's case with TPAPN was closed.

The above action constitutes grounds for disciplinary action in accordance with Section 301.452(b)(1)&(10), Texas Occupations Code, and is a violation of 22 TEX. ADMIN. CODE §217.12(9)&(11)(B).

NOTICE IS GIVEN that staff will present evidence in support of the recommended disposition of up to, and including, revocation of Respondent's license(s) and/or privilege(s) to practice nursing in the State of Texas pursuant to the Nursing Practice Act, Chapter 301, Texas Occupations Code and the Board's rules, 22 TEX. ADMIN. CODE §§ 213.27 - 213.33.

NOTICE IS GIVEN that all statutes and rules cited in these Charges are incorporated as part of this pleading and can be found at the Board's website, <u>www.bon.texas.gov</u>.

NOTICE IS GIVEN that, based on the Formal Charges, the Board will rely on adopted policies related to Substance Use Disorders and Other Alcohol and Drug Related Conduct, which can be found under the "Discipline & Complaints; Board Policies & Guidelines" section of the Board's website, <a href="www.bon.texas.gov">www.bon.texas.gov</a>.

NOTICE IS GIVEN that, based on the Formal Charges, the Board will rely on the Disciplinary Matrix, located at 22 TEX. ADMIN. CODE §213.33(b), which can be found under the "Discipline & Complaints; Board Policies & Guidelines" section of the Board's website, <a href="https://www.bon.texas.gov">www.bon.texas.gov</a>.

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NOTICE IS ALSO GIVEN that Respondent's past disciplinary history, as set out below and described in the Order(s) which is/are attached and incorporated by reference as part of these charges, will be offered in support of the disposition recommended by staff: Order(s) of the Board dated September 29, 2017.

Filed this  $15^{4}$  day of  $30^{9}$ 

### TEXAS BOARD OF NURSING

James W. Johnston, General Counsel

Board Certified - Administrative Law

Texas Board of Legal Specialization

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Attachment(s): Order(s) of the Board dated September 29, 2017.

D(2019.06.26)



## BEFORE THE TEXAS BOARD OF NURSING

\*\*\*\*\*\*\*\*\*\*\*\*

In the Matter of \$ AGREED Registered Nurse License Number 678219 \$ & Vocational Nurse License Number 159020 \$ issued to APRIL LYNN NICHOLS \$ ORDER

On this day the Texas Board of Nursing, hereinafter referred to as the Board, considered the matter of APRIL LYNN NICHOLS, Registered Nurse License Number 678219 and Vocational Nurse License Number 159020, hereinafter referred to as Respondent.

Information received by the Board produced evidence that Respondent may be subject to discipline pursuant to Section 301.452(b)(9),(10),(12)&(13), Texas Occupations Code. Respondent waived notice and hearing and agreed to the entry of this Order approved by Katherine A. Thomas, MN, RN, FAAN, Executive Director, on March 20, 2017.

## FINDINGS OF FACT

- 1. Prior to the institution of Agency proceedings, notice of the matters specified below in these Findings of Fact was served on Respondent and Respondent was given an opportunity to show compliance with all requirements of the law for retention of the license(s).
- 2. Respondent waived notice and hearing, and agreed to the entry of this Order.
- 3. Respondent's license to practice as a vocational nurse in the State of Texas is in delinquent status. Respondent's license to practice as a professional nurse in the State of Texas is in current status.
- 4. Respondent received a Certificate in Vocational Nursing from Lamar State College, Orange, Texas, on August 16, 1996, and received an Associate Degree from Lamar State College, Orange, Texas, on May 11, 2001. Respondent was licensed to practice vocational nursing in the State of Texas on September 16, 1996, and was licensed to practice professional nursing in the State of Texas on June 26, 2001.
- 5. Respondent's nursing employment history is unknown.

- 6. On or about May 14, 2014, Respondent lacked fitness to practice professional nursing in that she underwent an assessment to participate in the Texas Peer Assistance Program for Nurses (TPAPN) and was diagnosed with severe alcohol use disorder. Respondent was admitted to the Right Choice of Orange County, Orange, Texas, to complete outpatient treatment. Furthermore, Respondent admitted to completing inpatient treatment for Ethyl. Alcohol (ETOH) the previous year, but relapsed and checked herself into detox. Respondent's condition could have affected her ability to recognize subtle signs, symptoms or changes in patients' conditions, and could have affected her ability to make rational, accurate, and appropriate assessments, judgments, and decisions regarding patient care, thereby placing the patients in potential danger. Further, Respondent's conduct may be indicative of an inability to practice nursing with reasonable skill and safety.
- 7. On or about September 24, 2014, while participating in the Texas Peer Assistance Program for Nurses (TPAPN), and while required to abstain from the use/consumption of alcohol, Respondent engaged in the intemperate use of Alcohol in that she produced a specimen for a random urine drug screen which resulted positive for Ethyl Glucuronide and Ethyl Sulfate, which are metabolites of Alcohol. The use of alcohol by a Registered Nurse, while subject to call or duty, could impair the nurse's ability to recognize subtle signs, symptoms or changes in the patient's condition, and could impair the nurse's ability to make rational, accurate, and appropriate assessments, judgments, and decisions regarding patient care, thereby placing the patient in potential danger.
- 8. In response to Finding of Fact Number Six (6), Respondent states around May 14, 2014, after several unexpected life events, she realized she began to have an issue with alcohol. She sought help and completed inpatient and outpatient treatment. Respondent states she was not employed at the time of this occurrence and chose to seek help to maintain sobriety. In response to Finding of Fact Number Seven (7), Respondent states around September 2014, she relapsed once by drinking alcohol. She immediately sought help through local Alcoholics Anonymous (AA) groups and a sponsor. Respondent states this event has led to her current road to sobriety. She continues to attend four (4) to five (5) AA meetings weekly and she continues to work with her sponsor.
- 9. Formal Charges were filed on February 13, 2017.
- 10. Formal Charges were mailed to Respondent on February 23, 2017.
- 11. Respondent's conduct as described in the preceding Finding(s) of Fact was reportable under the provisions of Sections 301.401-301.419, Texas Occupations Code.
- 12. Respondent's conduct as described in the preceding Finding(s) of Fact resulted from or was significantly influenced by Respondent's substance use disorder.
- 13. The Board finds that there exists serious risks to public health and safety as a result of

- impaired nursing care due to intemperate use of controlled substances or substance use disorder.
- 14. Respondent's compliance with the terms of a Board approved peer assistance program should be sufficient to protect patients and the public.

### **CONCLUSIONS OF LAW**

- 1. Pursuant to Texas Occupations Code, Sections 301.451-301.555, the Board has jurisdiction over this matter.
- 2. Notice was served in accordance with law.
- 3. The evidence received is sufficient to prove violation(s) of 22 TEX. ADMIN. CODE §217.11(1)(A),(1)(B)&(1)(T) and 22 TEX. ADMIN. CODE §217.12(1)(A),(1)(B),(4),(5) &(10)(A).
- The evidence received is sufficient cause pursuant to Section 301.452(b)(9),(10),(12)&(13), Texas Occupations Code, to take disciplinary action against Registered Nurse License Number 678219 and Vocational Nurse License Number 159020, hereto fore issued to APRIL LYNN NICHOLS.
  - 5. Pursuant to Section 301.463(d), Texas Occupations Code, this Agreed Order is a settlement agreement under Rule 408, Texas Rules of Evidence, in civil or criminal litigation.
  - 6. The Board may, in its discretion, order a nurse to participate in a peer assistance program approved by the Board if the nurse would otherwise have been eligible for referral to peer assistance pursuant to Section 301.410, Texas Occupations Code.

#### TERMS OF ORDER

## I. PEER ASSISTANCE PROGRAM REQUIREMENTS

IT IS THEREFORE AGREED and ORDERED that RESPONDENT SHALL comply with the following conditions for such a time as is required for RESPONDENT to successfully complete the Texas Peer Assistance Program for Nurses (TPAPN):

A. Within forty-five (45) days following the date of entry of this Order, RESPONDENT SHALL apply to TPAPN;

- B. Within ninety (90) days following the date of entry of this Order, RESPONDENT SHALL sign and execute the TPAPN participation agreement and complete the enrollment process, which SHALL include payment of a non-refundable participation fee payable to TPAPN in the amount of five hundred dollars (\$500.00);
- C. Upon acceptance into the TPAPN, RESPONDENT SHALL waive confidentiality and provide a copy of the executed TPAPN participation agreement to the Texas Board of Nursing;
- D. RESPONDENT SHALL comply with all requirements of the TPAPN participation agreement during its term and SHALL keep all applicable license(s) to practice nursing in the State of Texas current; and
- E. RESPONDENT SHALL CAUSE the TPAPN to notify the Texas Board of Nursing of any violation of the TPAPN participation agreement.

## II. COMPLIANCE WITH LAW AND APPLICABILITY

While under the terms of this Order, RESPONDENT agrees to comply in all respects with the Nursing Practice Act, Texas Occupations Code, §§301.001 et seq., the Rules and Regulations Relating to Nurse Education, Licensure and Practice, 22 Tex. ADMIN. CODE §§211.1 et seq., and this Order.

- A. This Order SHALL apply to any and all future licenses issued to Respondent to practice nursing in the State of Texas.
- B. This Order SHALL be applicable to Respondent's nurse licensure compact privileges, if any, to practice nursing in the State of Texas.
- C. As a result of this Order, Respondent's license will be designated "single state" and Respondent may not work outside the State of Texas in another nurse licensure compact party state without first obtaining the written permission of the Texas Board of Nursing and the Board of Nursing in the nurse licensure compact party state where Respondent wishes to work.

# III. REMEDIAL EDUCATION COURSE(S)

In addition to any continuing education requirements the Board may require for

licensure renewal, RESPONDENT SHALL successfully complete the following remedial education course(s) within one (1) year of entry of this Order:

A Board-approved course in Texas nursing jurisprudence and ethics that shall be a minimum of six (6) hours in length. The course's content shall include the Nursing Practice Act, standards of practice, documentation of care, principles of nursing ethics, confidentiality, professional boundaries, and the Board's Disciplinary Sanction Policies regarding: Sexual Misconduct; Fraud, Theft and Deception; Nurses with Substance Abuse, Misuse, Substance Dependency, or other Substance Use Disorder; and Lying and Falsification. Courses focusing on malpractice issues will not be accepted. Home study courses and video programs will not be approved.

In order to receive credit for completion of this/these course(s), RESPONDENT SHALL CAUSE the instructor to submit a Verification of Course Completion form or SHALL submit the continuing education certificate, as applicable, to the attention of Monitoring at the Board's office. RESPONDENT SHALL first obtain Board approval of any course prior to enrollment if the course is not being offered by a preapproved provider. Information about Board-approved courses and Verification of Course Completion forms are available from the Board at www.bon.texas.gov/compliance.

#### IV. EFFECT OF NONCOMPLIANCE

SHOULD RESPONDENT fail to comply with this Order or the terms of the participation agreement with the TPAPN, such noncompliance will result in further disciplinary action including TEMPORARY SUSPENSION pursuant to Section 301.4551, Texas Occupations Code, or REVOCATION of Respondent's license(s) and nurse licensure compact privileges, if any, to practice nursing in the State of Texas.

## V. RESTORATION OF UNENCUMBERED LICENSE(S)

Upon full compliance with the terms of this Order, all encumbrances will be removed from RESPONDENT'S license(s) to practice nursing in the State of Texas and RESPONDENT may be eligible for nurse licensure compact privileges, if any.

# RESPONDENT'S CERTIFICATION

I understand that I have the right to legal counsel prior to signing this Agreed Order. I waive representation by counsel. I have reviewed this Order. I neither admit nor deny the violation(s) alleged herein. I do acknowledge possessing a diagnosis that deems me eligible to participate in the Texas Peer Assistance Program for Nurses. By my signature on this Order, I agree to the entry of this Order and all conditions of said Order to obtain disposition of the allegations through peer assistance and to avoid further disciplinary action in this matter. I waive judicial review of this Order. I understand that this Order becomes effective upon acceptance by the Executive Director on behalf of the Texas Board of Nursing, and a copy will be mailed to me. I understand that if I fail to comply with all terms and conditions of this Order, I will be subject to investigation and disciplinary sanction, including revocation of my license(s) to practice nursing in the State of Texas, as a consequence of my noncompliance.

Sworn to and subscribed before me this day of

SEAL

TONIA L. HANKS Notary Public STATE OF TEXAS

Notary Public in and for the State of Leulas

WHEREFORE, PREMISES CONSIDERED, the Executive Director, on behalf of the Texas Board of Nursing, does hereby ratify and adopt the Agreed Order that was signed on the 27th day of September, 2017, by APRIL LYNN NICHOLS, Registered Nurse License Number 678219 and Vocational Nurse License Number 159020, and said Order is final.

Effective this 29th day of September, 2017.

Katherine A. Thomas, MN, RN, FAAN

Executive Director on behalf

of said Board