BEFORE THE TEXAS BOARD OF NURSING

In the Matter of

§ AGREED

Registered Nurse License Number 811786

issued to PAMELA SUE HEISE

ORDER

On this day the Texas Board of Nursing, hereinafter referred to as the Board, considered the matter of PAMELA SUE HEISE, Registered Nurse License Number 811786, hereinafter referred to as Respondent.

Information received by the Board produced evidence that Respondent may be subject to discipline pursuant to Section 301.452(b)(10)&(12), Texas Occupations Code. Respondent waived notice and hearing and agreed to the entry of this Order approved by Katherine A. Thomas, MN, RN, FAAN, Executive Director, on May 20, 2016.

FINDINGS OF FACT

- 1. Prior to the institution of Agency proceedings, notice of the matters specified below in these Findings of Fact was served on Respondent and Respondent was given an opportunity to show compliance with all requirements of the law for retention of the license(s).
- 2. Respondent waived notice and hearing and agreed to the entry of this Order.
- 3. Respondent's license to practice as a professional nurse in the State of Texas is in current status.
- 4. Respondent received a Baccalaureate Degree in Nursing from University of Texas Health Science Center, Houston, Texas, on May 6, 2011. Respondent was licensed to practice professional nursing in the State of Texas on January 12, 2012.
- 5. Respondent's complete professional nursing employment history includes:

01/2012 - 05/2012

Unknown

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xecutive Director of the Board

Respondent's complete professional nursing employment history continued:

06/2012 - 2014 RN DaVita

Houston, Texas

2014 - Present RN Fresenius Medical Care

Houston, Texas

- 6. On November 30, 2011, Respondent was issued an Agreed Eligibility Order by the Texas Board of Nursing, requiring her to participate in and complete the Texas Peer Assistance Program for Nurses (TPAPN). Respondent successfully completed the terms of the Order on February 14, 2014. A copy of the Findings of Fact, Conclusion of Law, and Order of the Board, dated November 30, 2011, is attached and incorporated, by reference, as a part of this Order.
- 7. On or about June 12, 2015, while employed with Fresenius Medical Care, Houston, Texas, Respondent lacked fitness to practice professional nursing in that she admitted she entered a treatment center for excessive alcohol use. Respondent's conduct could have affected her ability to recognize subtle signs, symptoms or changes in patients's conditions, and could have affected her ability to make rational, accurate, and appropriate assessments, judgments, and decisions regarding patient care, thereby placing the patients in potential danger.
- 8. On or about December 6, 2015, through December 21, 2015, Respondent lacked fitness to practice professional nursing in that she admitted she consumed wine while participating in the Texas Peer Assistance Program for Nurses (TPAPN) on multiple occasions and relapsed. Additionally, Respondent submitted a dilute specimen for a random drug screen. Respondent's conduct could have affected her ability to recognize subtle signs, symptoms or changes in patients's conditions, and could have affected her ability to make rational, accurate, and appropriate assessments, judgments, and decisions regarding patient care, thereby placing the patients in potential danger.
- 9. In response to Findings of Fact Numbers Seven (7) and Eight (8), Respondent states in June 2015, she self-referred to the Memorial Hermann Preventative and Recovery Center (PaRC) for treatment of alcohol. She participated and successfully completed the recommended course of treatment and also self-referred to TPAPN. A relapse occurred in December 2015, which she self-reported to her TPAPN Advocate. She now has a relapse prevention plan designed to ensure her sobriety.
- 10. Respondent's last known date of sobriety is December 22, 2015.
- 11. The Board finds that there exists serious risks to public health and safety as a result of impaired nursing care due to intemperate use of controlled substances or chemical dependency.

- 12. Respondent's conduct as described in the preceding Finding(s) of Fact was reportable under the provisions of Sections 301.401-301.419, Texas Occupations Code.
- 13. Respondent's conduct as described in the preceding Finding(s) of Fact resulted from or was significantly influenced by Respondent's substance use disorder.
- 14. The Board finds that there exists serious risks to public health and safety as a result of impaired nursing care due to intemperate use of controlled substances or substance use disorder.
- 15. Respondent's compliance with the terms of a Board approved peer assistance program should be sufficient to protect patients and the public.

CONCLUSIONS OF LAW

- 1. Pursuant to Texas Occupations Code, Sections 301.451-301.555, the Board has jurisdiction over this matter.
- 2. Notice was served in accordance with law.
- 3. The evidence received is sufficient to prove violation(s) of 22 Tex. ADMIN. CODE §217.12(1)(B),(1)(E),(4)&(5).
- 4. The evidence received is sufficient cause pursuant to Section 301.452(b)(10)&(12), Texas Occupations Code, to take disciplinary action against Registered Nurse License Number 811786, heretofore issued to PAMELA SUE HEISE, including revocation of Respondent's license(s) to practice nursing in the State of Texas.
- 5. Pursuant to Section 301.463(d), Texas Occupations Code, this Agreed Order is a settlement agreement under Rule 408, Texas Rules of Evidence, in civil or criminal litigation.
- 6. The Board may, in its discretion, order a nurse to participate in a peer assistance program approved by the Board if the nurse would otherwise have been eligible for referral to peer assistance pursuant to Section 301.410, Texas Occupations Code.

TERMS OF ORDER

I. SANCTION AND APPLICABILITY

IT IS THEREFORE AGREED and ORDERED, subject to ratification by the Texas Board of Nursing, that Registered Nurse License Number 811786, previously issued to PAMELA SUE HEISE, to practice nursing in Texas is hereby **SUSPENDED** and said suspension is

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ENFORCED until Respondent:

- A. Applies to, is accepted into, and completes enrollment in the Texas Peer Assistance Program for Nurses (TPAPN), including payment of a non-refundable participation fee in the amount of five hundred dollars (\$500.00); and
- B. Waives confidentiality and <u>provides a copy of the fully executed TPAPN</u>
 participation agreement to the Board.

IT IS FURTHER AGREED, upon verification of successful completion of the above requirements, the Suspension will be **STAYED**, and RESPONDENT will be placed on **PROBATION** for such a time as is required for RESPONDENT to successfully complete the TPAPN **AND** until Respondent fulfills the additional requirements of this Order.

- C. RESPONDENT SHALL pay all re-registration fees, if applicable, and RESPONDENT'S licensure status in the State of Texas will be updated to reflect the applicable conditions outlined herein.
- D. RESPONDENT SHALL comply with all requirements of the TPAPN participation agreement during its term and SHALL keep all applicable license(s) to practice nursing in the State of Texas current.
- E. RESPONDENT SHALL CAUSE the TPAPN to notify the Texas Board of Nursing of any violation of the TPAPN participation agreement.
- F. This Order SHALL apply to any and all future licenses issued to Respondent to practice nursing in the State of Texas.
- G. This Order SHALL be applicable to Respondent's nurse licensure compact privileges, if any, to practice nursing in the State of Texas.
- H. Respondent may not work outside the State of Texas in another nurse licensure compact party state without first obtaining the written permission of the Texas Board of Nursing and the Board of Nursing in the nurse licensure compact party state where Respondent wishes to work.

II. **COMPLIANCE WITH LAW**

While under the terms of this Order, RESPONDENT agrees to comply in all respects with the Nursing Practice Act, Texas Occupations Code, §§301.001 et seq., the Rules and Regulations Relating to Nurse Education, Licensure and Practice, 22 TEX. ADMIN. CODE §§211.1 et seq., and this Order.

III. REMEDIAL EDUCATION COURSE(S)

In addition to any continuing education requirements the Board may require for licensure renewal, RESPONDENT SHALL successfully complete the following remedial education course(s) within one (1) year of the suspension being stayed:

> A Board-approved course in Texas nursing jurisprudence and ethics that shall be a minimum of six (6) hours in length. The course's content shall include the Nursing Practice Act, standards of practice, documentation of care, principles of nursing ethics, confidentiality, professional boundaries, and the Board's Disciplinary Sanction Policies regarding: Sexual Misconduct; Fraud, Theft and Deception: Nurses with Substance Abuse, Misuse, Substance Dependency, or other Substance Use Disorder; and Lying and Falsification. Courses focusing on malpractice issues will not be accepted. Home study courses and video programs will not be approved.

> In order to receive credit for completion of this/these course(s), RESPONDENT SHALL CAUSE the instructor to submit a Verification of Course Completion form or SHALL submit the continuing education certificate, as applicable, to the attention of Monitoring at the Board's office. RESPONDENT SHALL first obtain Board approval of any course prior to enrollment if the course is not being offered by a preapproved provider. Information about Board-approved courses and Verification of Course Completion forms are available from www.bon.texas.gov/compliance.

IV. **FURTHER COMPLAINTS**

If, during the period of probation, an additional allegation, accusation, or petition is reported or filed against the Respondent's license(s), the probationary period shall not expire and shall automatically be extended until the allegation, accusation, or petition has been acted upon by

811786:141 C40esp the Board.

V. EFFECT OF NONCOMPLIANCE

SHOULD RESPONDENT fail to comply with this Order or the terms of the participation agreement with the TPAPN, such noncompliance will result in further disciplinary action including TEMPORARY SUSPENSION pursuant to Section 301.4551, Texas Occupations Code, or REVOCATION of Respondent's license(s) and nurse licensure compact privileges, if any, to practice nursing in the State of Texas.

VI. RESTORATION OF UNENCUMBERED LICENSE(S)

Upon full compliance with the terms of this Order, all encumbrances will be removed from RESPONDENT'S license(s) to practice nursing in the State of Texas and RESPONDENT may be eligible for nurse licensure compact privileges, if any.

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RESPONDENT'S CERTIFICATION

I understand that I have the right to legal counsel prior to signing this Agreed Order. I waive representation by counsel. I have reviewed this Order. I neither admit nor deny the violation(s) alleged herein. I do acknowledge possessing a diagnosis that deems me eligible to participate in the Texas Peer Assistance Program for Nurses. By my signature on this Order, I agree to the entry of this Order and all conditions of said Order to obtain disposition of the allegations through peer assistance and to avoid further disciplinary action in this matter. I waive judicial review of this Order. I understand that this Order becomes effective upon acceptance by the Executive Director on behalf of the Texas Board of Nursing, and a copy will be mailed to me. I understand that if I fail to comply with all terms and conditions of this Order, I will be subject to investigation and disciplinary sanction, including revocation of my license(s) to practice nursing in the State of Texas, as a consequence of my noncompliance.

Signed this

_ day o

, 20<u>/4</u>

PAMELA SUE HEISE, Respondent

Sworn to and subscribed before me this

Notary Public in and for the State of

lotary Public, State of Texas

	WHER	EFORE, PR	EMISES (CONSIE	ERED, the	Executive Dir	rector, on behalf of
the Texa	as Board of Nu	rsing, does h	ereby ratif	fy and ac	lopt the Agre	eed Order that	was signed on the
5th	day of	July	, 20	<u>16</u> , b	y PAMELA	SUE HEISE,	Registered Nurse
License	Number 81178	36, and said	Order is fi	nal.			
		Effec	tive this _	7th	_ day of	July	_, 20 <u>16</u> .
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			erine A. T	•	MN, RN, FA	AN	

of said Board

BEFORE THE TEXAS BOARD OF NURSING

§

In the Matter of PAMELA SUE HEISE, PETITIONER for Eligibility for Licensure

AGREED

ELIGIBILITY ORDER

On this day the Texas Board of Nursing, hereinafter referred to as the Bo considered the matter of the Petition for Declaratory Order and supporting documents filed by PAMELA SUE HEISE, hereinafter referred to as PETITIONER, together with any documents and information gathered by staff and Petitioner's Certification contained herein.

Information received by the Board produced evidence that PETITIONER may be ineligible for licensure pursuant to Sections 301.452(b)(9)&(10) and 301.453, Texas Occupations Code.

PETITIONER waived representation by counsel, notice and hearing, and agreed to the entry of this Order offered on October 11, 2011, by Katherine A. Thomas, MN, RN, Executive Director.

FINDINGS OF FACT

- 1. On or about February 28, 2011, PETITIONER submitted a Petition for Declaratory Order requesting a determination of eligibility for licensure in compliance with Sections 301.252, 301.253, 301.257 and 301.258, Texas Occupations Code, and the Board's Rules at 22 Tex. ADMIN. CODE §213.30.
- 2. Petitioner waived representation by counsel, informal proceedings, notice and hearing, and consented to the entry of this Order.
- 3. Petitioner received a Baccalaureate Degree in Nursing from University of Texas Health Science Center, Houston, Texas, on May 6, 2011.

- 4. Petitioner completed the Petition for Declaratory Order and answered "Yes" to the question which reads as follows: "Within the past five (5) years have you been addicted to and/or treated for the use of alcohol or any other drug?"
- 5. Letter from The Camps, Scotts Valley, California, dated February 28, 2011, states Petitioner entered The Camp Recovery Center for a course of residential treatment to address problems with chemical dependency on December 18, 2007, and completed treatment on January 5, 2008. During the program, participants are expected to participate in group therapy, individual counseling, chemical dependency education, relapse prevention educational classes, and 12-step meetings on campus. Petitioner made good progress in treatment, was successfully discharged from the program, transitioned to a sober living environment, and agreed to continue treatment at Kaiser's Intensive Outpatient Program. Petitioner's prognosis was good due to her willingness and motivation to work a program.

Letter from Delphi Medina, LMSW, LCDC, CSAT, CMAT, dated February 23, 2011, states she has been counseling Petitioner since August 19, 2010. She states the primary focus of their counseling sessions has been relapse prevention and has recently reached her six (6) month mark. Ms. Medina states Petitioner has been consistent in working her recovery program and has followed her treatment team's directive willingly and without complaint. She states Petitioner is aware that sobriety is priority in her life and plans to continue her recovery plan. Ms. Medina states over the past six (6) months, she states she has seen Petitioner work hard by using the recovery tools that she has learned from her treatment team and peers in her 12-Step fellowship.

Letter from Sponsor, dated February 23, 2011, states Petitioner attends 12-Step meetings regularly and she meets with her weekly to work through step-related issues and step-work material. She states Petitioner demonstrates a dedication to her sobriety through her willingness to follow instructions and suggestions given by both her sponsor and other supportive sober women. She states sobriety is a primary priority for the Petitioner.

- 6. The safety of patients and the public requires that all persons licensed to practice nursing be fit, sober, and able to consistently practice nursing in autonomous roles under demanding and stressful conditions.
- 7. Petitioner has sworn that, with the exception of matters disclosed in connection with the Petition for Declaratory Order, her past behavior conforms to the Board's professional character requirements at 22 Tex. ADMIN. CODE §213.27.
- 8. Petitioner presented no evidence of behavior which is inconsistent with good professional character.
- 9. The Executive Director considered evidence of Petitioner's past behavior in light of the character factors set out in 22 TEX. ADMIN. CODE §213.27 and determined that Petitioner currently demonstrates the criteria required for good professional character.

- 10. The Executive Director considered evidence of Petitioner's substance abuse/chemical dependency, and subsequent rehabilitation as provided in 22 Tex. ADMIN. CODE §213.29 and in accordance with 22 Tex. ADMIN. CODE §213.33.
- 11. Petitioner's compliance with the terms of a Board approved peer assistance program should be sufficient to protect patients and the public.
- 12. The Executive Director's review of the grounds for potential ineligibility has been made on the basis of Petitioner's disclosures.
- 13. Petitioner has been advised by the Board that any information found to be incomplete, incorrect or misleading to the Board or a subsequent discovery of a basis of ineligibility will be considered by the Board and may result in an ultimate determination of ineligibility or the later revocation of a license obtained through fraud or deceit.
- 14. Petitioner shall immediately notify the Board of any fact or event that could constitute a ground of ineligibility for licensure under Section 301.452(b), Texas Occupations Code.

CONCLUSIONS OF LAW

- 1. The Board has jurisdiction over this matter pursuant to Sections 301.452 and 301.453, Texas Occupations Code.
- 2. On or about February 28, 2011, PETITIONER submitted a Petition for Declaratory Order requesting a determination of eligibility for licensure in compliance with Sections 301.252, 301.253, 301.257 and 301.258, Texas Occupations Code, and the Board's Rules at 22 Tex. ADMIN. CODE §213.30.
- 3. Petitioner's history reflects conduct which may constitute grounds for denial of a license under Section 301.452(b)(9)&(10), Texas Occupations Code.
- 4. The Board may probate the denial of a license under conditions for a specified term pursuant to Section 301.453, Texas Occupations Code.
- 5. The Board may license an individual who has a history of mental illness and substance abuse and/or chemical dependency after consideration of the criteria set out in 22 Tex. ADMIN. CODE §213.29 if the Board determines the individual does not pose a direct threat to the health and safety of patients or the public.
- 6. The Board may license an individual with prior behaviors inconsistent with the Board's character requirements if, upon evaluation of the factors in 22 Tex. ADMIN. CODE §213.27, and pursuant to 22 Tex. ADMIN. CODE §213.33, the Board is satisfied that the individual is able to consistently conform her conduct to the requirements of the Nursing Practice Act, the

- Board's Rules and Regulations, and generally accepted standards of nursing practice.
- 7. The Board may, in its discretion, order a nurse to participate in a peer assistance program approved by the Board if the nurse would otherwise have been eligible for referral to peer assistance pursuant to Section 301.410, Texas Occupations Code.
- 8. This Order is conditioned upon the accuracy and completeness of Petitioner's disclosures.

 Any subsequently discovered discrepancies will result in investigation and possible disciplinary action, up to revocation of Petitioner's license(s).

ORDER

NOW, THEREFORE, IT IS AGREED that, upon meeting the requirements for graduation of an appropriate program in nursing education and payment of any required fees, PETITIONER is ELIGIBLE to sit for the National Council Licensure Examination for Practical Nurses (NCLEX-PN® Examination) and/or the National Council Licensure Examination for Registered Nurses (NCLEX-RN® Examination), as applicable.

IT IS FURTHER AGREED that PETITIONER SHALL NOT be eligible for temporary authorization to practice as a Graduate Vocational Nurse (GVN) and/or as a Graduate Nurse (GN), as applicable, in the State of Texas.

IT IS FURTHER AGREED that, upon payment of any required fees and upon attaining a passing grade on the appropriate National Council Licensure Examination, PETITIONER shall be issued the applicable license to practice nursing in the State of Texas, and while under the terms of this Order all licenses issued to PETITIONER shall be subject to the following stipulations:

PETITIONER SHALL obtain and read the Texas Nursing Practice Act and the Rules and Regulations Relating to Nurse Education, Licensure, and Practice.

PETITIONER SHALL comply in all respects with the Nursing Practice Act, Texas

Occupations Code §§301.001 et seq., the Rules and Regulations Relating to Nurse Education,

PAMELA SUE HEISE: 238

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Licensure and Practice, 22 TEX. ADMIN. CODE §211.1 et seq., and this Order.

IT IS FURTHER AGREED and ORDERED that this Order SHALL be applicable to PETITIONER'S nurse licensure compact privileges, if any, to practice nursing in the State of Texas.

IT IS FURTHER AGREED and ORDERED that while PETITIONER'S license(s) is/are encumbered by this Order, PETITIONER may not work outside the State of Texas pursuant to a nurse licensure compact privilege without the written permission of the Texas Board of Nursing and the Board of Nursing in the party state where PETITIONER wishes to work.

NOW, THEREFORE, IT IS FURTHER AGREED and ORDERED that PETITIONER SHALL comply with the following conditions for such a time as is required for PETITIONER to successfully complete the Texas Peer Assistance Program for Nurses (TPAPN):

- (1) PETITIONER SHALL, within forty-five (45) days of licensure, apply to and be accepted into the TPAPN, which SHALL include payment of a non-refundable participation fee in the amount of five hundred dollars (\$500.00) payable to TPAPN.
- (2) Upon acceptance into the TPAPN, PETITIONER SHALL waive confidentiality and provide a copy of the executed TPAPN contract to the Texas Board of Nursing.
- (3) PETITIONER SHALL comply with all requirements of the TPAPN contract during its term.
- (4) PETITIONER SHALL CAUSE the TPAPN to notify the Texas Board of Nursing of any violation of the TPAPN contract.

IT IS FURTHER AGREED, SHOULD PETITIONER fail to comply with this Order or the terms of the participation agreement with the TPAPN, such noncompliance will result in disciplinary action including EMERGENCY SUSPENSION pursuant to Section 301.4551, Texas PAMELA SUE HEISE: 238

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Occupations Code, or revocation of PETITIONER'S license(s) and nurse compact licensure privileges, if any, to practice nursing in the State of Texas.

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PETITIONER'S CERTIFICATION

I am the Petitioner in this matter. I have fully and truthfully disclosed all of my past conduct which could constitute grounds for licensure ineligibility, and I have caused a complete and accurate criminal history to be submitted to the Texas Board of Nursing from each jurisdiction in which I have been adjudged guilty by way of conviction or deferred order. I certify that my past behavior, except as disclosed in my application and/or petition, has been in conformity with the Board's character rule. I have provided the Board with complete and accurate documentation of my past conduct in violation of the penal law of any jurisdiction which was disposed of through any procedure short of conviction, such as: conditional discharge, deferred adjudication or dismissal. I have no criminal prosecution pending in any jurisdiction.

In connection with my application and/or petition, I acknowledge that I have read and I understand Sections 301.157(d), 301.252, 301.253, 301.257, 301.258, 301.260, 301.452, and 301.453, Texas Occupations Code, and Chapter 53, Section 53.001 et seq., Texas Occupations Code, and 22 Tex. ADMIN. Code §§213.27, 213.28, 213.29, and 213.30. I agree with all terms of this Order, including the Findings of Fact and Conclusions of Law and any stipulations as set out in this Order. I acknowledge that this Order is stipulated and I understand that I am not eligible to receive a Temporary Permit to practice nursing. I agree to inform the Board of any other fact or event that could constitute a ground for denial of licensure prior to accepting any license from the Texas Board of Nursing.

I do acknowledge possessing a diagnosis that deems me eligible to participate in the Texas Peer Assistance Program for Nurses. By my signature on this Order, I agree to the Findings of Fact, Conclusions of Law, and Conditions One (1) through Four (4) of this Order to obtain disposition of my potential ineligibility for licensure through peer assistance.

I understand that if I fail to comply with all terms and conditions of this Order, I will be subject to investigation and disciplinary sanction, including EMERGENCY SUSPENSION pursuant to Section 301.4551, Texas Occupations Code, or REVOCATION of my license(s) and nurse licensure compact privileges, if any, to practice nursing in the State of Texas, as a consequence of my noncompliance.

I understand that I can be represented by an attorney in this matter. I waive representation, notice, administrative hearing, and judicial review of this Order and request that the Texas Board of Nursing ratify this Order.

Signed this 18 day of November 2011

PAMELA SUE HEISE, PETITIONER

Sworn to and subscribed before me this 18 day of Nov , 2011

NATALI HERNANDEZ
Notary Public, State of Texas
My Commission Expires
January 29, 2014

Notary Public in and for the State of Texas

WHEREFORE, PREMISES CONSIDERED, the Executive Director on behalf of the Texas Board of Nursing does hereby ratify and adopt the Agreed Eligibility Order that was signed on the <u>18th</u> day of <u>November</u>, <u>2011</u>, by PAMELA SUE HEISE, PETITIONER for Eligibility for Licensure, and said Order is final.

Effective this 30th day of November, 2011.

Katherine A. Thomas, MN, RN Executive Director on behalf of said Board