# BEFORE THE TEXAS BOARD OF NURSING



**AGREED** In the Matter of § §

Registered Nurse License Number 591422

issued to SONIA ANACIN ABILA ORDER Executive Director of the Board

On this day the Texas Board of Nursing, hereinafter referred to as the B considered the matter of SONIA ANACIN ABILA, Registered Nurse License Number 591422, hereinafter referred to as Respondent.

Information received by the Board produced evidence that Respondent may be subject to discipline pursuant to Section 301.452(b)(10)&(13), Texas Occupations Code. Respondent waived notice and hearing and agreed to the entry of this Order approved by Katherine A. Thomas, MN, RN, FAAN, Executive Director, on September 16, 2014.

#### FINDINGS OF FACT

- 1. Prior to the institution of Agency proceedings, notice of the matters specified below in these Findings of Fact was served on Respondent and Respondent was given an opportunity to show compliance with all requirements of the law for retention of the license(s).
- 2. Respondent waived notice and hearing, and agreed to the entry of this Order.
- 3. Respondent's license to practice as a professional nurse in the State of Texas is in current status.
- 4. Respondent received a Baccalaureate Degree from The University of Nueva Caceres, Naga City, Philippines, on April 1, 1976. Respondent was licensed to practice professional nursing in the State of Texas on May 24, 1993.
- 5. Respondent's nursing employment history includes:

5/1993 - 3/2003 Staff Nurse

Edinburg Regional Medical Center Edinburg, Texas

C10 /591422/0:175

Respondent's nursing employment history continued:

3/2003 - Present Charge Nurse South Texas Behavioral Health Edinburg, Texas

10/2004 - 8/2013 Staff Nurse Doctor's Hospital at Renaissance Edinburg, Texas

2/006 - Present Staff Nurse Solara Hospital Edingburg, Texas

- 6. At the time of the initial incident, Respondent was employed as a charge nurse with Doctor's Hospital at Renaissance, Edinburg, Texas, and had been in that position for eight (8) years and ten (10) months.
- 7. On or about August 27, 2013, while employed as a Registered Nurse with Doctor's Hospital at Renaissance, Edinburg, Texas, Respondent failed to advocate for the safety of Patient Medical Record Number 003301794, in that she failed to notify the nursing supervisor when the patient experienced a change in condition and lack of physician response. Respondent obtained a Electrocardiogram (EKG) and then failed to notify the physician of the abnormal EKG results. Respondent's conduct exposed the patient unnecessarily to a risk of harm by depriving the nursing supervisor and the physician of vital information that would be required to institute timely medical interventions to stabilize the patient's condition which may have prevented the patient's demise.
- 8. On or about August 27, 2013, while employed as a Registered Nurse with Doctor's Hospital at Renaissance, Edinburg, Texas, Respondent failed to report the abnormal EKG results for Patient Medical Record Number 003301794 to the oncoming Nurse and subsequently the patient was discharged home. The patient was later admitted to a different facility and was pronounced dead. Respondent's conduct exposed the patient unnecessarily to a risk of harm by depriving the nursing staff of vital information that would be required to institute timely medical interventions to stabilize the patient's condition which may have prevented the patient's demise.
- 9. In response to Findings of Fact Numbers Seven (7) and Eight (8), Respondent states that she was not the primary nurse for this patient and had six (6) patients of her own. Respondent admits and states that she made two (2) attempts at notifying the physician to inform him about the patient as well as the EKG results and the physician did not respond. Respondent states that at this time the primary nurse informed her that the patient was stable. Respondent further states that she told the primary nurse to document the incident and to call the physician. Respondent states that at the end of her shift, she called the doctor again. Respondent states that she "endorsed this to the incoming morning shift."

#### **CONCLUSIONS OF LAW**

- 1. Pursuant to Texas Occupations Code, Sections 301.451-301.555, the Board has jurisdiction over this matter.
- 2. Notice was served in accordance with law.
- 3. The evidence received is sufficient to prove violation(s) of 22 Tex. ADMIN. CODE §217.11(1)(A),(1)(B),(1)(D),(1)(M),(1)(P)&(3)(A) and 22 Tex. ADMIN. CODE §217.12(1)(A),(1)(B)&(4).
- 4. The evidence received is sufficient cause pursuant to Section 301.452(b)(10)&(13), Texas Occupations Code, to take disciplinary action against Registered Nurse License Number 591422, heretofore issued to SONIA ANACIN ABILA, including revocation of Respondent's license(s) to practice nursing in the State of Texas.

## **TERMS OF ORDER**

#### I. SANCTION AND APPLICABILITY

IT IS THEREFORE AGREED and ORDERED that RESPONDENT SHALL receive the sanction of **REPRIMAND WITH STIPULATIONS** in accordance with the terms of this Order.

- A. This Order SHALL apply to any and all future licenses issued to Respondent to practice nursing in the State of Texas.
- B. This Order SHALL be applicable to Respondent's nurse licensure compact privileges, if any, to practice nursing in the State of Texas.
- C. Respondent may not work outside the State of Texas in another nurse licensure compact party state without first obtaining the written permission of the Texas Board of Nursing and the Board of Nursing in the nurse licensure compact party state where Respondent wishes to work.

#### II. COMPLIANCE WITH LAW

While under the terms of this Order, RESPONDENT agrees to comply in all respects with the Nursing Practice Act, Texas Occupations Code, §§301.001 *et seq.*, the Rules and Regulations Relating to Nurse Education, Licensure and Practice, 22 Tex. ADMIN. CODE §§211.1 *et seq.*, and this Order.

### III. REMEDIAL EDUCATION COURSE(S)

In addition to any continuing education requirements the Board may require for licensure renewal, RESPONDENT SHALL successfully complete the following remedial education course(s) within one (1) year of entry of this Order, unless otherwise specifically indicated:

- A. A course in Texas nursing jurisprudence and ethics that shall be a minimum of six (6) hours in length. The course's content shall include the Nursing Practice Act, standards of practice, documentation of care, principles of nursing ethics, confidentiality, professional boundaries, and the Board's Disciplinary Sanction Policies regarding: Sexual Misconduct; Fraud, Theft and Deception; Nurses with Substance Abuse, Misuse, Substance Dependency, or other Substance Use Disorder; and Lying and Falsification. Courses focusing on malpractice issues will not be accepted. Home study courses and video programs will not be approved.
- B. A course in physical assessment with a didactic portion of not less than six (6) hours and a clinical component of not less than twenty-four (24) hours. Both the didactic and clinical components must be provided by the same Registered Nurse. The course's content shall include physical assessment of all body systems. The clinical component SHALL include physical assessment of live patients in a clinical setting; Performing assessments on mock patients or mannequins WILL NOT be accepted. The course description shall indicate goals and objectives for the course, resources to be utilized, and the methods to be used to determine successful completion of the course. Successful completion of this course requires RESPONDENT to successfully complete both the didactic and clinical portions of the course.
- C. A course in nursing documentation that shall be a minimum of six (6) hours in length. The course's content shall include: nursing standards related to accurate and complete documentation; legal guidelines for recording; methods and processes of recording; methods of alternative record-keeping; and computerized documentation. Home study courses and video programs will not be approved.
- **D.** The course <u>"Sharpening Critical Thinking Skills,"</u> a 3.6 contact hour online program provided by the National Council of State Boards of Nursing (NCSBN) Learning Extension.
- E. A course in cardiac dysrhythmia recognition that shall be a minimum of six (6) hours in length, and SHALL include content on the following: identification of the normal conduction system of the heart, including

anatomy and physiology of the heart and components of the conduction system; normal configurations and implications of abnormal findings of the individual waves and segments of the PQRST; steps of the systematic analysis; identifying dysrhythmias arising from the sinus node, atria AV node and ventricles and their causes; nursing interventions; and documentation. Home study courses and video programs will not be approved. RESPONDENT SHALL cause the instructor to submit a Verification of Course Completion form, which can be downloaded from <a href="http://www.bon.texas.gov/compliance">http://www.bon.texas.gov/compliance</a>, to the Board's office to verify RESPONDENT'S successful completion of the course. This course shall be taken in addition to any other courses stipulated in this Order, if any, and in addition to any continuing education requirements the Board has for relicensure.

In order to receive credit for completion of this/these course(s), RESPONDENT SHALL CAUSE the instructor to submit a Verification of Course Completion form or SHALL submit the continuing education certificate, as applicable, to the attention of Monitoring at the Board's office. RESPONDENT SHALL first obtain Board approval of any course prior to enrollment if the course is not being offered by a preapproved provider. Information about Board-approved courses and Verification of Course Completion forms are available from the Board at www.bon.texas.gov/compliance.

# IV. EMPLOYMENT REQUIREMENTS

In order to complete the terms of this Order, RESPONDENT must work as a nurse, providing direct patient care in a licensed healthcare setting, for a minimum of sixty-four (64) hours per month for eight (8) quarterly periods [two (2) years] of employment. This requirement will not be satisfied until eight (8) quarterly periods of employment as a nurse have elapsed. Any quarterly period without continuous employment with the same employer for all three (3) months will not

count towards completion of this requirement. Periods of unemployment or of employment that do not require the use of a registered nurse (RN) or a vocational nurse (LVN) license, as appropriate, will not apply to this period and will not count towards completion of this requirement.

- A. Notifying Present and Future Employers: RESPONDENT SHALL notify each present employer in nursing and present each with a complete copy of this of this Order, including all attachments, if any, within five (5) days of receipt of this Order. While under the terms of this Order, RESPONDENT SHALL notify all future employers in nursing and present each with a complete copy of this of this Order, including all attachments, if any, prior to accepting an offer of employment.
- B. Notification of Employment Forms: RESPONDENT SHALL CAUSE each present employer in nursing to submit the Board's "Notification of Employment" form to the Board's office within ten (10) days of receipt of this Order. RESPONDENT SHALL CAUSE each future employer to submit the Board's "Notification of Employment form" to the Board's office within five (5) days of employment as a nurse.
- C. Direct Supervision: For the first year [four (4) quarters] of employment as a Nurse under this Order, RESPONDENT SHALL be directly supervised by a Registered Nurse, if licensed as a Registered Nurse, or by a Licensed Vocational Nurse or a Registered Nurse, if licensed as a Licensed Vocational Nurse. Direct supervision requires another nurse, as applicable, to be working on the same unit as RESPONDENT and immediately available to

provide assistance and intervention. RESPONDENT SHALL work only on regularly assigned, identified and predetermined unit(s). RESPONDENT SHALL NOT be employed by a nurse registry, temporary nurse employment agency, hospice, or home health agency. RESPONDENT SHALL NOT be self-employed or contract for services. Multiple employers are prohibited.

- D. Indirect Supervision: For the remainder of the stipulation/probation period, RESPONDENT SHALL be supervised by a Registered Nurse, if licensed as a Registered Nurse, or by a Licensed Vocational Nurse or a Registered Nurse, if licensed as a Licensed Vocational Nurse, who is on the premises. The supervising nurse is not required to be on the same unit or ward as RESPONDENT, but should be on the facility grounds and readily available to provide assistance and intervention if necessary. The supervising nurse shall have a minimum of two (2) years experience in the same or similar practice setting to which the Respondent is currently working. RESPONDENT SHALL work only regularly assigned, identified and predetermined unit(s). RESPONDENT SHALL NOT be employed by a nurse registry, temporary nurse employment agency, hospice, or home health agency. RESPONDENT SHALL NOT be self-employed or contract for services. Multiple employers are prohibited.
- E. Nursing Performance Evaluations: RESPONDENT SHALL CAUSE each employer to submit, on forms provided to the Respondent by the Board, periodic reports as to RESPONDENT'S capability to practice nursing. These

reports shall be completed by the nurse who supervises the RESPONDENT and these reports shall be submitted by the supervising nurse to the office of the Board at the end of each three (3) month quarterly period for eight (8) quarters [two (2) years] of employment as a nurse.

# V. RESTORATION OF UNENCUMBERED LICENSE(S)

Upon full compliance with the terms of this Order, all encumbrances will be removed from RESPONDENT'S license(s) to practice nursing in the State of Texas and RESPONDENT may be eligible for nurse licensure compact privileges, if any.

BALANCE OF THIS PAGE INTENTIONALLY LEFT BLANK.

CONTINUED ON NEXT PAGE.

# RESPONDENT'S CERTIFICATION

I understand that I have the right to legal counsel prior to signing this Agreed Order. I have reviewed this Order. I neither admit nor deny the violation(s) alleged herein. By my signature on this Order, I agree to the entry of this Order, and any conditions of said Order, to avoid further disciplinary action in this matter. I waive judicial review of this Order. I understand that when this Order becomes final and the terms of this Order become effective, a copy will be mailed to me. I understand that if I fail to comply with all terms and conditions of this Order, I will be subject to investigation and disciplinary sanction, including possible revocation of my license(s) to practice nursing in the State of Texas, as a consequence of my noncompliance.

	Signed this 29th day of September, 2014.
	SONIA ANACIN ABILA, Respondent
SEAL SEAL SEAL SEAL SEAL SEAL	
AZENETH C. PLORES MY COMMISSION EXPIRES Patrinty 18, 2018	Notary Public in and for the State of Texa 5
	Approved as to form and substance.
	While
	Oscar San Miguel, Attorney for Respondent
	Signed this 2nd day of Colon, 2014

WHEREFORE, PREMISES CONSIDERED, the Texas Board of Nursing does hereby ratify and adopt the Agreed Order that was signed on the <u>29<sup>th</sup></u> day of <u>September</u>, 2014, by SONIA ANACIN ABILA, Registered Nurse License Number 591422, and said Order is final.

Effective this 23rd day of October, 2014.

Katherine A. Thomas, MN, RN, FAAN

Sterning annas

Executive Director on behalf

of said Board