## BEFORE THE TEXAS BOARD OF NURSING

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In the Matter of

AGREED

Vocational Nurse License Number 310004

issued to LAUREN MICHELLE OCHOA

ORDER

On this day the Texas Board of Nursing, hereinafter referred to as the Board considered the matter of LAUREN MICHELLE OCHOA, Vocational Nurse License Number 310004, hereinafter referred to as Respondent.

Information received by the Board produced evidence that Respondent may be subject to discipline pursuant to Section 301.452(b)(1) & (10) and 301.453, Texas Occupations Code. Respondent waived representation by counsel, informal proceedings, notice and hearing, and agreed to the entry of this Order approved by Katherine A. Thomas, MN, RN, FAAN, Executive Director, on July 29, 2013, subject to ratification by the Board.

### **FINDINGS OF FACT**

- 1. Prior to the institution of Agency proceedings, notice of the matters specified below in these Findings of Fact was served on Respondent and Respondent was given an opportunity to show compliance with all requirements of the law for retention of the license(s).
- 2. Respondent waived representation by counsel, informal proceedings, notice and hearing, and agreed to the entry of this Order.
- 3. Respondent's license to practice vocational nursing in the State of Texas is currently in suspended status.
- 4. Respondent received a Certificate in Vocational Nursing from Kaplan College, San Antonio, Texas on May 29, 2010. Respondent was licensed to practice vocational nursing in the State of Texas on September 25, 2012.
- 5. Respondent's vocational nursing employment history includes:

09/12 - 03/13

Unknown

310004:101

Closp

Executive Director of the Board

Respondent's vocational nursing employment history continued:

04/13 - Present

LVN

Sarah Roberts French Home San Antonio, Texas

- 6. On or about April 19, 2012, Respondent was issued an Agreed Eligibility Order by the Board. A copy of the Findings of Fact, Conclusions of Law, and Agreed Eligibility Order dated April 19, 2012, are attached and incorporated, by reference, as part of this Order.
- 7. On or about February 15, 2013, Respondent was arrested by the Leon Valley Police Department, Leon Valley, Texas, for DRIVING WHILE INTOXICATED-2ND, a Class A Misdemeanor. The case is pending in Bexar County under Cause Number 417776.
- 8. On or about June 21, 2013, Respondent was noncompliant with the Agreed Eligibility Order issued to her by the Texas Board of Nursing on April 19, 2012. Noncompliance is the result of Respondent's failure to abstain from the consumption of alcohol in that she submitted a specimen for a drug screen which resulted positive for Ethyl Glucuronide (EtG) and Ethyl Sulfate (EtS), metabolites of alcohol. Stipulation Number Six (6) of the Agreed Eligibility Order dated April 19, 2012, states, in pertinent part:
  - "(11) PETITIONER SHALL abstain from the consumption of alcohol, Nubain, Stadol, Dalgan, Ultram, or other synthetic opiates, and/or the use of controlled substances, except as prescribed by a licensed practitioner for a legitimate purpose."
- 9. On or about July 2, 2013, Respondent was noncompliant with the Agreed Eligibility Order issued to her by the Texas Board of Nursing on April 19, 2012. Noncompliance is the result of Respondent's failure to abstain from the consumption of alcohol in that she submitted a specimen for a drug screen which resulted positive for Ethyl Glucuronide (EtG) and Ethyl Sulfate (EtS), metabolites of alcohol. Stipulation Number Six (6) of the Agreed Eligibility Order dated April 19, 2012, states, in pertinent part:
  - "(11) PETITIONER SHALL abstain from the consumption of alcohol, Nubain, Stadol, Dalgan, Ultram, or other synthetic opiates, and/or the use of controlled substances, except as prescribed by a licensed practitioner for a legitimate purpose."
- 10. The Board finds that there exists serious risks to public health and safety as a result of impaired nursing care due to intemperate use of controlled substances or chemical dependency.
- 11. On or about July 26, 2013, the Board issued an Order of Temporary Suspension of Respondent's license to practice nursing in the State of Texas. A copy of the Order of Temporary Suspension, dated July 26, 2013, is attached and incorporated, by reference, as part of this Order.

- 12. Formal Charges were filed on July 26, 2013.
- 13. Formal Charges were mailed to Respondent on July 26, 2013.

### **CONCLUSIONS OF LAW**

- 1. Pursuant to Texas Occupations Code, Sections 301.451-301.555, the Board has jurisdiction over this matter.
- 2. Notice was served in accordance with law.
- 3. The evidence received is sufficient to prove violation(s) of 22 Tex. ADMIN. CODE §217.12(11)(B).
- 4. The evidence received is sufficient cause pursuant to Section 301.452(b)(1) & (10), Texas Occupations Code, to take disciplinary action against Vocational Nurse License Number 310004, heretofore issued to LAUREN MICHELLE OCHOA, including revocation of Respondent's license(s) to practice nursing in the State of Texas.

#### **ORDER**

IT IS THEREFORE AGREED and ORDERED, subject to ratification by the Texas Board of Nursing, that Vocational Nurse License Number 310004, previously issued to LAUREN MICHELLE OCHOA, to practice nursing in Texas is/are hereby SUSPENDED for a period of three (3) years with the suspension STAYED and Respondent is hereby placed on PROBATION for three (3) years with the following agreed terms of probation:

IT IS FURTHER AGREED and ORDERED that, while under the terms of this Order, this Order SHALL apply to any and all future licenses issued to Respondent to practice nursing in the State of Texas.

IT IS FURTHER AGREED and ORDERED that this Order SHALL be applicable to Respondent's nurse licensure compact privileges, if any, to practice nursing in the State of Texas.

IT IS FURTHER AGREED and ORDERED that while Respondent's license(s) is/are

encumbered by this order the Respondent may not work outside the State of Texas pursuant to a nurse licensure compact privilege without the written permission of the Texas Board of Nursing and the Board of Nursing in the party state where Respondent wishes to work.

IT IS FURTHER AGREED and ORDERED that the sanction and conditions of this Order SHALL supercede all previous stipulations required by any Order entered by the Texas Board of Nursing.

- (1) RESPONDENT SHALL comply in all respects with the Nursing Practice Act, Texas Occupations Code, §§301.001 *et seq.*, the Rules and Regulations Relating to Nurse Education, Licensure and Practice, 22 Tex. ADMIN. CODE §211.1 *et seq.* and this Order.
- (2) RESPONDENT SHALL, within one (1) year of entry of this Order, successfully complete a course in Texas nursing jurisprudence and ethics. RESPONDENT SHALL obtain Board approval of the course prior to enrollment only if the course is not being offered by a pre-approved provider. Home study courses and video programs will not be approved. In order for the course to be approved, the target audience shall include nurses. It shall be a minimum of six (6) hours in The course's content shall include the Nursing Practice Act, standards of practice, documentation of care, principles of nursing ethics, confidentiality, professional boundaries, and the Board's Disciplinary Sanction Policies regarding: Sexual Misconduct; Fraud, Theft and Deception; Nurses with Substance Abuse, Misuse, Substance Dependency, or other Substance Use Disorder; and Lying and Falsification. Courses focusing on malpractice issues will not be accepted. RESPONDENT SHALL CAUSE the sponsoring institution to submit a Verification of Course Completion form, provided by the Board, to the Office of the Board to verify RESPONDENT'S successful completion of the course. This course shall be taken in addition to any other courses stipulated in this Order, if any, and in addition to any continuing education requirements the Board

has for relicensure. Board-approved courses may be found at the following Board website address: <a href="http://www.bon.texas.gov/disciplinaryaction/stipscourses.html">http://www.bon.texas.gov/disciplinaryaction/stipscourses.html</a>.

- (3) RESPONDENT SHALL, within one (1) year of entry of this Order, successfully complete the course "Sharpening Critical Thinking Skills," a 3.6 contact hour online program provided by the National Council of State Boards of Nursing (NCSBN) Learning Extension. In order to receive credit for completion of this program, RESPONDENT SHALL SUBMIT the continuing education certificate of completion for this program to the Board's office, to the attention of Monitoring. This course is to be taken in addition to any continuing education requirements the Board may have for relicensure. Board-approved courses may be found at the following Board website address: <a href="http://www.bon.texas.gov/disciplinaryaction/stipscourses.html">http://www.bon.texas.gov/disciplinaryaction/stipscourses.html</a>.
- (4) RESPONDENT SHALL pay a monetary fine in the amount of two hundred fifty dollars (\$250.00). RESPONDENT SHALL pay this fine within forty-five (45) days of entry of this Order. Payment is to be made directly to the Texas Board of Nursing in the form of cashier's check or U.S. money order. Partial payments will not be accepted.
- (5) IT IS FURTHER AGREED, SHOULD RESPONDENT be convicted of or receive a deferred order for the offense(s) as outlined in Finding of Fact Number Seven (7), said judicial action will result in further disciplinary action, up to and including Revocation of Respondent's license(s) to practice nursing in the State of Texas.

IT IS FURTHER AGREED, SHOULD RESPONDENT PRACTICE AS A NURSE IN THE STATE OF TEXAS, RESPONDENT WILL PROVIDE DIRECT PATIENT CARE AND PRACTICE IN A HOSPITAL, NURSING HOME, OR OTHER CLINICAL SETTING AND RESPONDENT MUST WORK IN SUCH SETTING A MINIMUM OF SIXTY-FOUR (64) HOURS PER MONTH UNDER THE FOLLOWING PROBATION

CONDITIONS FOR THREE (3) YEAR(S) OF EMPLOYMENT. THE LENGTH OF THE PROBATIONARY PERIOD WILL BE EXTENDED UNTIL SUCH THIRTY-SIX (36) MONTHS HAVE ELAPSED. PERIODS OF UNEMPLOYMENT OR OF EMPLOYMENT THAT DO NOT REQUIRE THE USE OF A REGISTERED NURSE (RN) OR A VOCATIONAL NURSE (LVN) LICENSE, AS APPROPRIATE, WILL NOT APPLY TO THIS STIPULATION PERIOD:

- of the Board and the probation conditions on RESPONDENT'S license(s). RESPONDENT SHALL present a complete copy of this Order and all Proposals for Decision issued by the Administrative Law Judge, if any, to each present employer within five (5) days of receipt of this Order. RESPONDENT SHALL notify all future employers in nursing of this Order of the Board and the probation conditions on RESPONDENT'S license(s). RESPONDENT SHALL present a complete copy of this Order and all Proposals for Decision issued by the Administrative Law Judge, if any, to each future employer prior to accepting an offer of employment.
- (7) RESPONDENT SHALL CAUSE each present employer in nursing to submit the Notification of Employment form, which is provided to the Respondent by the Board, to the Board's office within ten (10) days of receipt of this Order. RESPONDENT SHALL CAUSE each future employer to submit the Notification of Employment form, which is provided to the Respondent by the Board, to the Board's office within five (5) days of employment as a nurse.
- (8) RESPONDENT SHALL be supervised by a Registered Nurse, if licensed as a Registered Nurse, or by a Licensed Vocational Nurse or a Registered Nurse, if licensed as a Licensed Vocational Nurse, who is on the premises. The supervising nurse is not required to be on the same unit or ward as RESPONDENT, but should be on the facility grounds and readily available to -6-

provide assistance and intervention if necessary. The supervising nurse shall have a minimum of two (2) years experience in the same or similar practice setting to which the Respondent is currently working. RESPONDENT SHALL work only regularly assigned, identified and predetermined unit(s). RESPONDENT SHALL NOT be employed by a nurse registry, temporary nurse employment agency, hospice, or home health agency. RESPONDENT SHALL NOT be self-employed or contract for services. Multiple employers are prohibited.

- (9) RESPONDENT SHALL CAUSE each employer to submit, on forms provided to the Respondent by the Board, periodic reports as to RESPONDENT'S capability to practice nursing. These reports shall be completed by the nurse who supervises the RESPONDENT. These reports shall be submitted by the supervising nurse to the office of the Board at the end of each three (3) month period for three (3) year(s) of employment as a nurse.
- (10) RESPONDENT SHALL abstain from the consumption of alcohol, Nubain, Stadol, Dalgan, Ultram, or other synthetic opiates, and/or the use of controlled substances, except as prescribed by a licensed practitioner for a legitimate purpose. If prescribed, RESPONDENT SHALL CAUSE the licensed practitioner to submit a written report identifying the medication, dosage and the date the medication was prescribed. The report shall be submitted directly to the office of the Board by the prescribing practitioner, within ten (10) days of the date of the prescription. In the event that prescriptions for controlled substances are required for periods of two (2) weeks or longer, the Board may require and RESPONDENT SHALL submit to a pain management and/or chemical dependency evaluation by a Board approved evaluator. The performing evaluator must submit a written report meeting the Board's requirements to the Board's office within thirty (30) days from the Board's request.
- (11) RESPONDENT SHALL submit to random periodic screens for controlled substances, tramadol hydrochloride (Ultram), and alcohol. For the first three (3) month period, random screens shall be performed at least once per week. For the next three (3) month period, -7 -

random screens shall be performed at least twice per month. For the next six (6) month period, random screens shall be performed at least once per month. For the remainder of the probation period, random screens shall be performed at least once every three (3) months. All random screens SHALL BE conducted through urinalysis. Screens obtained through urinalysis are the sole method accepted by the Board.

Specimens shall be screened for at least the following substances and their metabolites:

Meperidine

Methadone

Opiates

Methaqualone

Amphetamines Barbiturates Benzodiazepines Cannabinoids Cocaine

Phencyclidine Ethanol Propoxyphene

tramadol hydrochloride (Ultram)

A Board representative may appear at the RESPONDENT'S place of employment at any time during the probation period and require RESPONDENT to produce a specimen for screening.

All screens shall be properly monitored and produced in accordance with the Board's policy on Random Drug Testing. A complete chain of custody shall be maintained for each specimen obtained and analyzed. RESPONDENT SHALL be responsible for the costs of all random drug screening during the probation period.

Any positive result for which the nurse does not have a valid prescription or refusal to submit to a drug or alcohol screen may subject the nurse to further disciplinary action, including EMERGENCY SUSPENSION pursuant to Section 301.4551, Texas Occupations Code, or REVOCATION of Respondent's license(s) and nurse licensure compact privileges, if any, to practice nursing in the State of Texas. Further, failure to report for a drug screen, excessive dilute specimens, or failure to call in for a drug screen may be considered the same as a positive result or refusal to submit to a drug or alcohol screen.

(12) RESPONDENT SHALL attend at least two (2) support group meetings each week, one of which must be for substance abuse and provided by Alcoholics Anonymous, Narcotics Anonymous, or another comparable recovery program that has been pre-approved by the Board. RESPONDENT SHALL provide acceptable evidence of attendance. Acceptable evidence shall consist of a written record of at least: the date of each meeting; the name of each group attended; and the signature and printed name of the chairperson of each group attended by RESPONDENT. RESPONDENT SHALL submit the required evidence on the forms provided by the Board at the end of every three (3) month period. No duplications, copies, third party signatures, or any other substitutions will be accepted as evidence.

IT IS FURTHER AGREED and ORDERED that if during the period of probation, an additional allegation, accusation, or petition is reported or filed against the Respondent's license(s), the probationary period shall not expire and shall automatically be extended until the allegation, accusation, or petition has been acted upon by the Board.

IT IS FURTHER AGREED, that upon full compliance with the terms of this Order, all encumbrances will be removed from RESPONDENT'S license(s) to practice nursing in the State of Texas and RESPONDENT may be eligible for nurse licensure compact privileges, if any.

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# RESPONDENT'S CERTIFICATION

I understand that I have the right to legal counsel prior to signing this Agreed Order. I waive representation by counsel. I have reviewed this Order. I neither admit nor deny the violation(s) alleged herein. By my signature on this Order, I agree to the Findings of Fact, Conclusions of Law, Order, and any conditions of said Order, to avoid further disciplinary action in this matter. I waive judicial review of this Order. I understand that this Order is subject to ratification by the Board. When this Order is ratified, the terms of this Order become effective, and a copy will be mailed to me. I understand that if I fail to comply with all terms and conditions of this Order, I will be subject to investigation and disciplinary sanction, including revocation of my license(s) to practice nursing in the State of Texas, as a consequence of my noncompliance.

Signed this 30 day of July 2013.

LAUREN MICHELLE OCHOA, Respondent

Sworn to and subscribed before me this 30 day of July

SEAL EMMA SALINAS
MY COMMISSION EXPIRES
October 30, 2015

Notary Public in and for the State of Texas

WHEREFORE, PREMISES CONSIDERED, the Texas Board of Nursing does hereby ratify and adopt the Agreed Order that was signed on the 30th day of July, 2013, by LAUREN MICHELLE OCHOA, Vocational Nurse License Number 310004, and said Order is final.

Effective this 10th day of September, 20 13.

Katherine A. Thomas, MN, RN, FAAN

Executive Director on behalf

of said Board





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In the Matter of LAUREN MICHELLE OCHOA, PETITIONER for Eligibility for Licensure

AGREED

**ELIGIBILITY ORDER** 

On this day the Texas Board of Nursing, hereinafter referred to as the Board considered the Petition for Declaratory Order and supporting documents filed by LAUREN MICHELLE OCHOA, hereinafter referred to as PETITIONER, together with any documents and information gathered by staff and Petitioner's Certification contained herein.

Information received by the Board produced evidence that PETITIONER may be ineligible for licensure pursuant to Sections 301.452(b)(10) and 301.453, Texas Occupations Code.

PETITIONER waived representation by counsel, notice and hearing, and agreed to the entry of this Order offered on September 21, 2011, by Katherine A. Thomas, MN, RN, Executive Director, subject to ratification by the Board.

## FINDINGS OF FACT

- 1. On or about May 12, 2010, PETITIONER submitted a Petition for Declaratory Order requesting a determination of eligibility for licensure in compliance with Sections 301.252, 301.253, 301.257 and 301.258, Texas Occupations Code, and the Board's Rules at 22 Tex. ADMIN. CODE §213.30.
- 2. Petitioner waived representation by counsel, informal proceedings, notice and hearing, and consented to the entry of this Order.
- 3. Petitioner was enrolled in a Vocational Nursing Program at Kaplan College, San Anotnio, Texas, at the time of this petition.

- 4. Petitioner completed the Petition for Declaratory Order and answered "Yes" to the question which reads as follows: "For any criminal offense, including those pending appeal, have you:
  - A. been convicted of a misdemeanor?
  - B. been convicted of a felony?
  - C. pled nolo contendere, no contest, or guilty?
  - D. received deferred adjudication?
  - E. been placed on community supervision or court-ordered probation, whether or not adjudicated guilty?
  - F. been sentenced to serve jail or prison time? court-ordered confinement?
  - G. been granted pre-trial diversion?
  - H. been arrested or have any pending criminal charges?
  - I. been <u>cited</u> or charged with any violation of the law?
  - J. been subject of a court-martial; Article 15 violation; or received any form of military judgment/punishment/action?

(You may only exclude Class C misdemeanor traffic violations.)"

- 5. Petitioner disclosed the following criminal history, to wit:
  - A. On or about January 14, 1997, Petitioner was arrested by the San Antonio Police Department, San Antonio, Texas, for THEFT OF PROPERTY >=\$50 <\$500, a Class B misdemeanor offense.

On or about February 25, 1997, Petitioner entered a plea of Nolo Contendere to THEFT OF PROPERTY >=\$50 <\$500 (a Class B misdemeanor offense committed on January 14, 1997). As a result of the plea, the proceedings against Petitioner were deferred without entering an adjudication of guilt and Petitioner was placed on probation for a period of six (6) months through the Juvenile Probation Department.

B. On or about March 20, 2000, Petitioner was arrested by the Goliad Police Department, Goliad, Texas, for THEFT OF PROPERTY >=\$1500 <\$20K, a State Jail felony offense.

On or about September 21, 2000, Petitioner entered a plea of Guilty to UNAUTHORIZED USE OF A MOTOR VEHICLE (a State Jail felony offense committed on March 20, 2000), in the 24<sup>th</sup> Judicial District Court of Goliad County, Texas, under Cause No. 00-8-3858-CR. As a result of the plea, the proceedings against Petitioner were deferred without entering an adjudication of guilt and Petitioner was placed on probation for a period of five (5) years. Additionally, Petitioner was ordered to pay a fine and court costs. On or about September 21, 2005, Petitioner was discharged from probation.

C. On or about May 8, 2006, Petitioner was arrested by the San Antonio Police Department, San Antonio, Texas, for DRIVING WHILE LICENSE INVALID, a Class B misdemeanor offense.

On or about January 18, 2007, Petitioner entered a plea of Nolo Contendere to DRIVING WHILE LICENSE INVALID (a Class B misdemeanor offense committed on May 8, 2006), in the County Court at Law No. 11 of Bexar County, Texas, under Cause No. 965374. As a result of the plea, the proceedings against Petitioner were deferred without entering an adjudication of guilt and Petitioner was placed on probation for a period of nine (9) months.

On or about June 27, 2007, the probation granted Petitioner, under Cause No. 965374, was Revoked, in the County Court at Law No. 11 of Bexar County, Texas, based on Findings by the Court that Petitioner had violated the terms and conditions of her probation. As a result, Petitioner was adjudged Guilty of the Class B misdemeanor offense of DRIVING WHILE LICENSE INVALID, committed on May 8, 2006. As a result of the conviction, Furthermore, Petitioner was sentenced to confinement in the Bexar County Jail for a period of four (4) months.

On or about December 23, 2006, Petitioner was arrested by the San Antonio Police Department, San Antonio, Texas, for DRIVING WHILE INTOXICATED, a Class B misdemeanor offense, and CRIMINAL MISCHIEF >\$50 <\$500, a Class B misdemeanor offense.</li>

On or about January 18, 2007, Petitioner entered a plea of Nolo Contendere and was convicted of DRIVING WHILE INTOXICATED (a Class B misdemeanor offense committed on December 23, 2006), in the County Court at Law No. 11 of Bexar County, Texas, under Cause No. 993692. As a result of the plea, Petitioner was sentenced to confinement in the Bexar County Jail for a period of six (6) months; however, the imposition of the sentence of confinement was suspended and Petitioner was placed on probation for a period of fifteen (15) months.

On or about January 18, 2007, Petitioner entered a plea of Nolo Contendere to CRIMINAL MISCHIEF >\$50 <\$500 (a Class B misdemeanor offense committed on December 23, 2006), in the County Court at Law No. 11 of Bexar County, Texas, under Cause No. 993694. As a result of the plea, the proceedings against Petitioner were deferred without entering an adjudication of guilt and Petitioner was placed on probation for a period of one (1) year.

On or about June 27, 2007, the probation granted Petitioner, under Cause No. 993692, was Revoked in the County Court at Law No. 11 of Bexar County, Texas, based on Findings by the Court that Petitioner had violated the terms and conditions of her probation. As a result, Petitioner was sentenced to confinement in the Bexar County Jail for a period of four (4) months.

On or about June 27, 2007, the probation granted Petitioner, under Cause No. 993694, was Revoked, in the County Court at Law No. 11 of Bexar County, Texas, based on Findings by the Court that Petitioner had violated the terms and conditions of her probation. As a result, Petitioner was adjudged Guilty of the Class B misdemeanor offense of CRIMINAL MISCHIEF >\$50 <\$500, committed on December 23, 2006. As a result of the conviction, Furthermore, Petitioner was sentenced to confinement in the Bexar County Jail for a period of four (4) months.

- 6. In response to Finding of Fact Number Five (5), Section (B), Petitioner states she had been a habitual runaway for a few years at this point in her life. She was living with some teenage friends, and had no structure of discipline. Petitioner states she and her two roommates had talked about leaving San Antonio to get away for the lifestyle they were living. There plan was to hitchhike from city to city. The plan changed when they walked outside and noticed the neighbor's truck unattended, with the keys in it running. They got in the truck and drove towards Corpus Christi, Texas. They were pulled over and arrested in Goliad, Texas.
- 7. There is no evidence of any subsequent criminal conduct.
- 8. On or about July 11, 2011, Petitioner was seen by Sean G. Connolly, Ph.D., Psychologist, to undergo a forensic psychological evaluation. The assessment data indicated that Petitioner is a well-defended individual who is very guarded in dealing with her emotional world. Her MMPI-2 profile indicated some difficulties in maintaining boundaries, management of aggressive impulses, judgment and objective reasoning, and managing stability in her life. Considering the evaluations on objective personality assessment instruments, Petitioner is encouraged to re-enter or continue psychotherapy to help her promote her emotional growth, heal unresolved issues of the past, particularly deal with resentment, learn to assess and monitor appropriate boundaries, and develop more insight and understanding of her needs and affection-seeking behavior in relationships that most probably compensates for emotional abandonment and lack of attachment as a child. As Petitioner continues to deal with these aspects of her life, as noted, she appears to have made considerable progress in developing some maturity and stability, and there is no evidence of any clear indications that she could not function effectively as an LVN with supervision and the continued behavioral treatment.
- 9. The safety of patients and the public requires that all persons licensed to practice nursing be fit, sober, and able to consistently practice nursing in autonomous roles under demanding and stressful conditions.
- 10. Petitioner has sworn that, with the exception of matters disclosed in connection with the Petition for Declaratory Order, her past behavior conforms to the Board's professional character requirements at 22 Tex. ADMIN. CODE §213.27.
- Petitioner presented no evidence of behavior which is inconsistent with good professional character.

- 12. The Executive Director considered evidence of Petitioner's past behavior in light of the character factors set out in 22 Tex. ADMIN. CODE §213,27 and determined that Petitioner currently demonstrates the criteria required for good professional character.
- 13. The Executive Director considered evidence of Petitioner's past criminal conduct in light of the considerations and criteria provided in 22 Tex. ADMIN. CODE §§213.28 & 213.33, and, if applicable, Chapter 53, Section 53.001 et seq., Texas Occupations Code.
- 14. The Executive Director considered evidence of Petitioner's substance abuse/chemical dependency, and subsequent rehabilitation as provided in 22 Tex. ADMIN. CODE §213.29 and in accordance with 22 Tex. ADMIN. CODE §213.33.
- 15. Licensure of Petitioner poses no direct threat to the health and safety of patients or the public provided Petitioner complies with the stipulations outlined in this Order.
- 16. The Executive Director's review of the grounds for potential ineligibility has been made on the basis of Petitioner's disclosures.
- 17. Petitioner has been advised by the Board that any information found to be incomplete, incorrect or misleading to the Board or a subsequent discovery of a basis of ineligibility will be considered by the Board and may result in an ultimate determination of ineligibility or the later revocation of a license obtained through fraud or deceit.
- 18. Petitioner shall immediately notify the Board of any fact or event that could constitute a ground of ineligibility for licensure under Section 301.452(b), Texas Occupations Code.

#### **CONCLUSIONS OF LAW**

- 1. The Board has jurisdiction over this matter pursuant to Sections 301.452 and 301.453, Texas Occupations Code.
- 2. On or about May 12, 2010, PETITIONER submitted a Petition for Declaratory Order requesting a determination of eligibility for licensure in compliance with Sections 301.252, 301.253, 301.257 and 301.258, Texas Occupations Code, and the Board's Rules at 22 Tex. ADMIN. CODE §213.30.
- 3. Petitioner's history reflects conduct which may constitute grounds for denial of a license under Section 301.452(b)(10), Texas Occupations Code.
- 4. The Board may probate the denial of a license under conditions for a specified term pursuant to Section 301.453, Texas Occupations Code.
- 5. The Board may license an individual who has been previously convicted, adjudged guilty by a court, pled guilty or pled nolo contendere to any crime whether or not a sentence was

- imposed upon consideration of the factors set out in 22 Tex. ADMIN. CODE §213.28 and evaluating the direct relationship to nursing according to 22 Tex. ADMIN. CODE §213.28 and, if applicable, Chapter 53, Section 53.001 et seq., Texas Occupations Code.
- 6. The Board may license an individual who has a history of substance abuse and/or chemical dependency after consideration of the criteria set out in 22 Tex. ADMIN. CODE §213.29 if the Board determines the individual does not pose a direct threat to the health and safety of patients or the public.
- 7. The Board may license an individual with prior behaviors inconsistent with the Board's character requirements if, upon evaluation of the factors in 22 Tex. ADMIN. CODE §213.27, and pursuant to 22 Tex. ADMIN. CODE §213.33, the Board is satisfied that the individual is able to consistently conform her conduct to the requirements of the Nursing Practice Act, the Board's Rules and Regulations, and generally accepted standards of nursing practice.
- 8. This Order is conditioned upon the accuracy and completeness of Petitioner's disclosures.

  Any subsequently discovered discrepancies will result in investigation and possible disciplinary action, up to revocation of Petitioner's license(s).

#### **ORDER**

NOW, THEREFORE, IT IS AGREED that, upon meeting the requirements for graduation of an appropriate program in nursing education and payment of any required fees, PETITIONER is ELIGIBLE to sit for the National Council Licensure Examination for Practical Nurses (NCLEX-PN® Examination) and/or the National Council Licensure Examination for Registered Nurses (NCLEX-RN® Examination), as applicable.

IT IS FURTHER AGREED that PETITIONER SHALL NOT be eligible for temporary authorization to practice as a Graduate Vocational Nurse (GVN) and/or as a Graduate Nurse (GN), as applicable, in the State of Texas.

IT IS FURTHER AGREED that, upon payment of any required fees and upon attaining a passing grade on the appropriate National Council Licensure Examination, PETITIONER shall be issued the applicable license to practice nursing in the State of Texas, and while under the terms of this Order, all licenses issued to PETITIONER shall be subject to the following stipulations:

Lauren Ochoa: 063

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PETITIONER SHALL obtain and read the Texas Nursing Practice Act and the Rules and Regulations Relating to Nurse Education, Licensure, and Practice.

PETITIONER SHALL comply in all respects with the Nursing Practice Act, Texas Occupations Code §§301.001 et seq., the Rules and Regulations Relating to Nurse Education, Licensure and Practice, 22 TEX. ADMIN. CODE §211.1 et seq., and this Order.

IT IS FURTHER AGREED and ORDERED that this Order SHALL be applicable to PETITIONER'S nurse licensure compact privileges, if any, to practice nursing in the State of Texas.

IT IS FURTHER AGREED and ORDERED that while PETITIONER'S license(s) is/are encumbered by this Order, PETITIONER may not work outside the State of Texas pursuant to a nurse licensure compact privilege without the written permission of the Texas Board of Nursing and the Board of Nursing in the party state where PETITIONER wishes to work.

(1) PETITIONER SHALL, within one (1) year of licensure, successfully complete a course in Texas nursing jurisprudence and ethics. PETITIONER SHALL obtain Board approval of the course prior to enrollment only if the course is not being offered by a pre-approved provider. Home study courses and video programs will not be approved. In order for the course to be approved, the target audience shall include nurses. It shall be a minimum of six (6) hours in length. The course's content shall include the Nursing Practice Act, standards of practice, documentation of care, principles of nursing ethics, confidentiality, professional boundaries, and the Board's Disciplinary Sanction Policies regarding: Sexual Misconduct; Fraud, Theft and Deception; Nurses with Substance Abuse, Misuse, Substance Dependency, or other Substance Use Disorder; and Lying and Falsification. Courses focusing on malpractice issues will not be accepted. PETITIONER SHALL CAUSE the sponsoring institution to submit a Verification of Course Completion form,

provided by the Board, to the Office of the Board to verify PETITIONER'S successful completion of the course. This course shall be taken in addition to any other courses stipulated in this Order, if any, and in addition to any continuing education requirements the Board has for relicensure. Boardapproved courses may be found at the following Board website address: <a href="http://www.bon.state.tx.us/disciplinaryaction/stipscourses.html">http://www.bon.state.tx.us/disciplinaryaction/stipscourses.html</a>.

IT IS FURTHER AGREED, SHOULD PETITIONER PRACTICE AS A NURSE IN THE STATE OF TEXAS, PETITIONER WILL PROVIDE DIRECT PATIENT CARE AND PRACTICE IN A HOSPITAL, NURSING HOME, OR OTHER CLINICAL SETTING AND PETITIONER MUST WORK IN SUCH SETTING A MINIMUM OF SIXTY-FOUR (64) HOURS PER MONTH UNDER THE FOLLOWING STIPULATIONS FOR ONE (1) YEAR OF EMPLOYMENT. THE LENGTH OF THE STIPULATION PERIOD WILL BE EXTENDED UNTIL SUCH TWELVE (12) MONTHS HAVE ELAPSED. PERIODS OF UNEMPLOYMENT OR OF EMPLOYMENT THAT DO NOT REQUIRE THE USE OF A REGISTERED NURSE (RN) OR A VOCATIONAL NURSE (LVN) LICENSE, AS APPROPRIATE, WILL NOT APPLY TO THIS STIPULATION PERIOD:

(2) PETITIONER SHALL notify each present employer in nursing of this Order of the Board and the stipulations on PETITIONER'S license(s). PETITIONER SHALL present a complete copy of this Order and all Proposals for Decision issued by the Administrative Law Judge, if any, to each present employer within five (5) days of receipt of this Order. PETITIONER SHALL notify all future employers in nursing of this Order of the Board and the stipulations on PETITIONER'S license(s). PETITIONER SHALL present a complete copy of this Order and all Proposals for Decision issued by the Administrative Law Judge, if any, to each future employer prior to accepting an offer of employment.

- (3) PETITIONER SHALL CAUSE each present employer in nursing to submit the Notification of Employment form, which is provided to the PETITIONER by the Board, to the Board's office within ten (10) days of receipt of this Order. PETITIONER SHALL CAUSE each future employer to submit the Notification of Employment form, which is provided to the PETITIONER by the Board, to the Board's office within five (5) days of employment as a nurse.
- (4) PETITIONER SHALL be supervised by a Registered Nurse, if licensed and practicing as a Registered Nurse, or by a Licensed Vocational Nurse or a Registered Nurse, if licensed and practicing as a Licensed Vocational Nurse, who is on the premises. The supervising Nurse is not required to be on the same unit or ward as PETITIONER, but should be on the facility grounds and readily available to provide assistance and intervention if necessary. The supervising nurse shall have a minimum of two (2) years experience in the same or similar practice setting to which the PETITIONER is currently working. PETITIONER SHALL work only regularly assigned, identified and predetermined unit(s). PETITIONER SHALL NOT be employed by a nurse registry, temporary nurse employment agency, hospice, or home health agency. PETITIONER SHALL NOT be self-employed or contract for services. Multiple employers are prohibited.
- (5) PETITIONER SHALL CAUSE each employer to submit, on forms provided to the PETITIONER by the Board, periodic reports as to PETITIONER'S capability to practice nursing. These reports shall be completed by the Nurse who supervises the PETITIONER. These reports shall be submitted by the supervising nurse to the office of the Board at the end of each three (3) month period for one (1) year of employment as a nurse.
- (6) PETITIONER SHALL abstain from the consumption of alcohol, Nubain, Stadol,
  Dalgan, Ultram, or other synthetic opiates, and/or the use of controlled substances, except as
  prescribed by a licensed practitioner for a legitimate purpose. If prescribed, PETITIONER SHALL
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CAUSE the licensed practitioner to submit a written report identifying the medication, dosage and the date the medication was prescribed. The report shall be submitted directly to the office of the Board by the prescribing practitioner, within ten (10) days of the date of the prescription. In the event that prescriptions for controlled substances are required for periods of two (2) weeks or longer, the Board may require and PETITIONER SHALL submit to a pain management and/or chemical dependency evaluation by a Board approved evaluator. The performing evaluator must submit a written report meeting the Board's requirements to the Board's office within thirty (30) days from the Board's request.

PETITIONER SHALL submit to random periodic screens for controlled substances, tramadol hydrochloride (Ultram), and alcohol. For the first three (3) month period, random screens shall be performed at least once per week. For the next three (3) month period, random screens shall be performed at least twice per month. For the next six (6) month period, random screens shall be performed at least once per month. All random screens SHALL BE conducted through urinalysis. Screens obtained through urinalysis are the sole method accepted by the Board.

Specimens shall be screened for at least the following substances:

**Amphetamines** Barbiturates Benzodiazepines Cannabinoids Cocaine

Methaqualone Opiates Phencyclidine

Meperidine

Methadone

Ethanol

Propoxyphene

tramadol hydrochloride (Ultram)

A Board representative may appear at the PETITIONER'S place of employment at any time during the stipulation period and require PETITIONER to produce a specimen for screening.

All screens shall be properly monitored and produced in accordance with the Board's policy on Random Drug Testing. A complete chain of custody shall be maintained for each specimen obtained and analyzed. PETITIONER SHALL be responsible for the costs of all random Any positive result for which the nurse does not have a valid prescription or failure to report for a drug screen, which may be considered the same as a positive result, will be regarded as non-compliance with the terms of this Order and may subject the nurse to further disciplinary action including EMERGENCY SUSPENSION pursuant to Section 301.4551, Texas Occupations Code, or REVOCATION of PETITIONER'S license(s) and nurse licensure compact privileges, if any, to practice nursing in the State of Texas.

possessing credentials approved by the Board. PETITIONER SHALL CAUSE the therapist to submit written reports, on forms provided by the Board, as to the PETITIONER'S progress in therapy, rehabilitation and capability to safely practice nursing. The report must indicate whether or not the PETITIONER'S stability is sufficient to provide direct patient care safely. Such reports are to be furnished each and every month for three (3) months. If therapy is recommended for beyond three (3) months, the reports shall then be required at the end of each three (3) month period for the duration of the stipulation period, or until PETITIONER is dismissed from therapy.

IT IS FURTHER AGREED, that upon full compliance with the terms of this Order, all encumbrances will be removed from PETITIONER'S license(s) to practice nursing in the State of Texas and PETITIONER shall be eligible for nurse licensure compact privileges, if any.

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#### PETITIONER'S CERTIFICATION

I am the Petitioner in this matter. I have fully and truthfully disclosed all of my past conduct which could constitute grounds for licensure ineligibility, and I have caused a complete and accurate criminal history to be submitted to the Texas Board of Nursing from each jurisdiction in which I have been adjudged guilty by way of conviction or deferred order. I certify that my past behavior, except as disclosed in my application and/or petition, has been in conformity with the Board's character rule. I have provided the Board with complete and accurate documentation of my past conduct in violation of the penal law of any jurisdiction which was disposed of through any procedure short of conviction, such as: conditional discharge, deferred adjudication or dismissal. I have no criminal prosecution pending in any jurisdiction.

In connection with my application and/or petition, I acknowledge that I have read and I understand Sections 301.157(d), 301.252, 301.253, 301.257, 301.258, 301.260, 301.452, and 301.453, Texas Occupations Code, and Chapter 53, Section 53.001 et seq., Texas Occupations Code, and 22 Tex. ADMIN. CODE §§213.27, 213.28, 213.29, and 213.30. I agree with all terms of this Order, including the Findings of Fact and Conclusions of Law and any stipulations as set out in this Order. I acknowledge that this Order is stipulated and I understand that I am not eligible to receive a Temporary Permit to practice nursing. I agree to inform the Board of any other fact or event that could constitute a ground for denial of licensure prior to accepting any license from the Texas Board of Nursing.

I understand that if I fail to comply with all terms and conditions of this Order, I will be subject to investigation and disciplinary sanction, including revocation of my license(s) to practice nursing in the State of Texas, as a consequence of my noncompliance.

I understand that I can be represented by an attorney in this matter. I waive representation, notice, administrative hearing, and judicial review of this Order and request that the Texas Board of Nursing ratify this Order.

Signed this & day of March, 2012.

DAUREN MICHELLE OCHOA. PETITIO

Sworn to and subscribed before me this

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Notary Public in and for the State of

8 day of YMD NC

WHEREFORE, PREMISES CONSIDERED, the Texas Board of Nursing does hereby ratify and adopt the Agreed Eligibility Order that was signed on the 8th day of March, 2012, by LAUREN MICHELLE OCHOA, PETITIONER for Eligibility for Licensure, and said Order is final.

Effective this 19th day of April, 2012.

Katherine A. Thomas, MN, RN, FAAN

Executive Director on behalf

of said Board

In the Matter of \$ BEFORE THE TEXAS
Permanent Vocational Nurse \$
License Number 310004 \$
Issued to LAUREN MICHELLE OCHOA, Respondent \$ BOARD OF NURSING

## ORDER OF TEMPORARY SUSPENSION

TO: LAUREN MICHELLE OCHOA 1527 W SUNSHINE DR, #512 SAN ANTONIO, TX 78228

A public meeting of the Texas Board of Nursing was held on July 26, 2013 at 333 Guadalupe, Room 3-460, Austin, Texas, in which the Temporary Suspension of Permanent Vocational Nurse License Number 310004, issued to LAUREN MICHELLE OCHOA was considered pursuant to Section 301.4551, Texas Occupations Code. Staff of the Texas Board of Nursing appeared and presented evidence and information concerning the conduct of LAUREN MICHELLE OCHOA and whether her continued practice as a nurse would constitute a continuing and imminent threat to the public welfare.

After review and due consideration of the evidence and information presented, the Board finds that the following charges are substantiated:

#### CHARGE I.

On or about June 21, 2013, Respondent was noncompliant with the Agreed Eligibility Order issued to her by the Texas Board of Nursing on April 19, 2012. Noncompliance is the result of Respondent's failure to abstain from the consumption of alcohol in that she submitted a specimen for a drug screen which resulted positive for Ethyl Glucuronide (EtG) and Ethyl Sulfate (EtS), metabolites of alcohol. Stipulation Number Six (6) of the Agreed Eligibility Order dated April 19, 2012, states, in pertinent part:

"(11) PETITIONER SHALL abstain from the consumption of alcohol, Nubain, Stadol, Dalgan, Ultram, or other synthetic opiates, and/or the use of controlled substances, except as

prescribed by a licensed practitioner for a legitimate purpose."

A copy of the Findings of Fact, Conclusions of Law, and Agreed Eligibility Order dated April

19, 2012, is attached and incorporated, by reference, as part of this pleading.

The Texas Board of Nursing further finds that, given the nature of the charges concerning

her fitness to practice, the continued practice of nursing by LAUREN MICHELLE OCHOA

constitutes a continuing and imminent threat to public welfare and that the temporary suspension of

Permanent Vocational Nurse License Number 310004, is justified pursuant to Section 301.4551.

TEXAS OCCUPATIONS CODE.

NOW, THEREFORE, IT IS ORDERED that Permanent Vocational Nurse License Number

310004, issued to LAUREN MICHELLE OCHOA, to practice nursing in the State of Texas be, and

the same is/are, hereby SUSPENDED IMMEDIATELY in accordance with Section 301.4551,

TEXAS OCCUPATIONS CODE.

IT IS FURTHER ORDERED that a probable cause hearing be conducted in accordance with

Section 301.455(c) not later than seventeen (17) days following the date of the entry of this order,

and a final hearing on the matter be conducted in accordance with 301.455(d) not later than the 61st

day following the date of the entry of this order.

Entered this 26th day of July, 2013.

TEXAS BOARD OF NURSING

BY:

KATHERINE A. THOMAS, MN, RN, FAAN

**EXECUTIVE DIRECTOR**